

Helpful Resources



REITER, HILL & JOHNSON
OF ADVANTIA

Websites

- American College of Obstetrics and Gynecology (acog.org)
- Mayo Clinic (mayoclinic.org)
- Center for Disease Control (cdc.gov)
- Postpartum Support International (postpartum.net)
- La Leche League International (lli.org)
- The Breastfeeding Center for Greater Washington (breastfeedingcenter.org)

Books

- *Expecting Better* by Emily Oster
- *What They Don't Tell You About Having A Baby* by Dr. Heather L. Johnson
- *Your Pregnancy and Childbirth: Month to Month* by ACOG
- *Baby 411* by Ari Brown and Denise Fields
- *Moms on Call Basic Baby Care* by Jennifer Walker and Laura Hunter

Apps

There are many pregnancy and childbirth education apps on the market, each with their strengths and weaknesses. Many patients will try several apps until they find the one that suits their needs best. We do not endorse any third-party apps. Advantia has an app for lactation support called Pacify.

Reiter, Hill & Johnson

- rhjn-obgyn.com
- Pregnancy FAQs (rhjn-obgyn.com/faq)
- Chevy Chase Office.....(301) 654-5700
- Falls Church Office.....(703) 533-9211
- Washington, DC Office.....(202) 331-1740

An emergency prompt is available during and after business hours. This will route you to our answering service who can connect you to the provider on-call.

