

LACTATION SUPPORT

RHJ offices - Consultations with baby are only done in the Chevy Chase location. Consultations are now offered in office with board certified lactation consultant Kathryn Blanchette, WHNP Information provided regarding proper positioning, pumping, timing and duration of feedings, diet and complications such as mastitis. Phone call: (301)-654-5700

ACCEL OB PARTNERS IN CARE

Run by a trusted labor and delivery at Sibley Hospital, these classes come highly recommended by both Reiter & Hill providers and our patients. Available topics range from "The Childbirth Masterclass" to "Breastfeeding Success" and "Childproofing and CPR." Whether you are expecting or recently gave birth, your OB Partner in Care is ready to guide you and ease your concerns throughout pregnancy and beyond. https://accelobpartner.com/

SIBLEY MEMORIAL HOSPITAL

Lactation Services Department

5255 Loughboro Road NW Washington, DC 20016 (202) 243-2321

www.sibley.org/lactation/

Provide a full range of lactation services including breastfeeding classes, brafittings, inpatient breastfeeding rounds and classes, outpatient lactation consultations on a fee for service basis, and breast pump rentals, sales and supplies.

Sibley Memorial also offers classes on childbirth and childcare, including infant CPR. Breastfeedingclassesare\$70

METROPOLITAN BREASTFEEDING

4927 Auburn Avenue Suite 100 Bethesda, MD 20814 (301) 943-9293

www.metropolitanbreastfeeding.com

Provide Inhome lactation consultations as well as offer breastfeeding products, brafittings and breast pump rentals.

BREASTFEEDING CENTER FOR GREATER WASHINGTON

2141 K Street NW Suite 3 Washington, DC 20036 (202) 293-5182

register@breastfeedingcenter.org

www.breastfeedingcenter.org

Offersawide range of freeandlowcostclassesforexpectant, newandexperienced mothers including breastfeeding, childbirth and childcare classes.

Breastfeeding class is free. Also offer private classes at cost. Breastfeeding and Pumping class is \$60 for mom and \$70 for couple



NORTHERN VIRGINIA LACTATION CONSULTANTS

Consultations currently held at:
Watoto Pediatrics
7915 Lake Manassas Drive Suite 209
Gainesville, VA 20155
(703) 425-2229
nvlcfairfax@gmail.com
www.nvlcbaby.com

Offers fee for service lactation consultations, breastpumprentals, 2 hour breastfeeding classes and will provide 1.5 hour private classes. Also offer childbirth and baby care classes. Breastfeeding Basics \$60