

DATE _____

NAME _____

OCCUPATION _____

DATE OF BIRTH _____

MARITAL STATUS _____

ETHNICITY _____

MEDICAL HISTORY

Have you had any of the following?:

HEART PROBLEMS _____

MITRAL VALVE PROLAPSE _____

HIGH BLOOD PRESSURE _____

STROKE/TIA _____

RHEUMATIC FEVER _____

HIGH CHOLESTEROL _____

DIABETES _____

ASTHMA OR OTHER LUNG PROBLEMS _____

THYROID DISEASE _____

DIFFICULTY CLOTTING/BLEEDING ABNORMALITIES _____

ANEMIA _____

THROMBOPHLEBITIS _____

PULMONARY EMBOLISM _____

BOWEL/GASTROINTESTINAL PROBLEMS _____

CANCER _____

CONNECTIVE TISSUE DISORDERS _____

TUBERCULOSIS _____

UNUSUAL INFECTIONS _____

HIV/AIDS _____

LIVER DISORDERS/HEPATITIS _____

MIGRAINE HEADACHES _____

KIDNEY PROBLEMS _____

FREQUENT BLADDER INFECTIONS _____

OSTEOPOROSIS/OSTEOPENIA _____

DEPRESSION /ANXIETY DISORDERS _____

EATING DISORDERS _____

MISCELLANEOUS _____

Have you had or have you been vaccinated against?:

RUBELLA (GERMAN MEASLES) _____

VARICELLA (CHICKEN POX) _____

HEPATITIS B _____

GARDASIL/HPV _____

FAMILY HISTORY

Is there a family history of?:

HEART DISEASE _____

HIGH BLOOD PRESSURE _____

HIGH CHOLESTEROL _____

DIABETES _____

CANCER _____

BREAST _____

OVARIAN _____

OTHER _____

BLOOD CLOTTING DISORDERS _____

CONGENITAL ANOMALIES/GENETIC DISORDERS _____

OSTEOPOROSIS _____

DEPRESSION _____

ALCOHOL ABUSE _____

STROKES _____

GYNECOLOGIC DISORDERS (FIBROIDS, ENDOMETRIOSIS, ETC.) _____

Reviewed by _____

NAME _____

MEDICATIONS

Please list any medications including over the counter medications, vitamins, and herbs and the corresponding dosages

_____	_____
_____	_____
_____	_____
_____	_____

SURGICAL HISTORY

Operation	Year	Hospital/Physician	Findings/Complications

ALLERGIES

Please list any drug allergies or sensitivities and their corresponding reactions as well as significant food or skin allergies (i.e. latex, peanuts, shellfish):

Drug	Reaction

SOCIAL HISTORY

Do you smoke cigarettes? _____ How much? _____ How long? _____
Do you drink alcohol? _____ How much? _____ How often? _____
Do you use recreational drugs? _____ Which ones? _____ How often? _____
Do you use seatbelts regularly? _____
Are you afraid of or are you being threatened by a current or former partner? _____
Within the last year have you been hit, slapped, kicked, forced into sexual activity, or otherwise physically hurt by a current or former partner? _____
Do you have any dietary restrictions? (vegetarian, lactose-free, low fat, low salt, Kosher, etc.)? _____
Do you get adequate calcium (1000 – 1500 mg/day) in your diet? _____
What do you do for exercise? _____ How often? _____ How long? _____
Are you sexually active? _____ If so, how many partners have you had in the past year? _____
Sexual orientation? _____
Have you ever had a blood transfusion? If so, please explain. _____
Do your religious beliefs prohibit your acceptance of blood transfusions? _____
Have you had any stress related and/or psychiatric problems? _____
Therapy/counseling _____
Depression/Anxiety disorders _____
Abuse: mental, physical, sexual _____
Substance abuse _____
Other _____

Reviewed by _____

NAME _____

OBSTETRICAL HISTORY (including deliveries, miscarriages, ectopics, and abortions)

Year	Name	Hospital or Physician	Duration of Pregnancy	Sex	Weight	Length of Labor	Type of Delivery	Complications

MENSTRUAL HISTORY

Last Menstrual Period _____ Was it normal? _____

Menarche (age of first period) _____

Frequency (number of days from start of one period to start of next period) _____

Duration _____

Amount (light, moderate, heavy or number of pads/tampons per day) _____

Do you have problems with:

Menstrual cramps _____

Abnormal or irregular bleeding _____

PMS (Premenstrual Syndrome) _____

Menopausal symptoms _____

GYNECOLOGIC HISTORY

When was your last pap smear? _____ Result? _____

Sexually Transmitted Infections _____

Gonorrhea _____

Chlamydia _____

Syphilis _____

HPV/Genital Warts _____

Herpes _____

HIV/AIDS _____

Tubal Infection (PID) _____

Abnormal discharge or recurrent vaginal infections _____

Yeast (monilia) _____

Gardnerella/Bacterial vaginosis _____

Trichomonas _____

B-Streptococcus _____

Abnormal pap smear _____ When? _____

Colposcopy _____

Cryotherapy _____ Laser therapy _____

LEEP _____ Cone biopsy _____

Polycystic Ovarian Syndrome (PCOS) _____

Fibroids _____

Endometriosis _____

Infertility _____

Pain or other problems with intercourse _____

Have you ever had a DEXA scan? _____ If so, when? _____

Breast problems _____

Fibrocystic changes _____ Pain _____

Nipple discharge _____ Lumps _____

Biopsy _____ Cancer _____

Do you perform breast self exams? _____ If so, how often? _____

When was your last mammogram? _____

Reviewed by _____

NAME _____

CONTRACEPTIVE HISTORY

Method	Dates	Complications
Tubal Ligation		
Vasectomy		
Intrauterine device (IUD)		
Birth control pills		
Norplant		
Depo Provera		
Implanon		
Vaginal Ring (NuvaRing)		
Contraceptive Patch (Ortho Evra)		
Sponge		
Rhythm		
Foam, cream, jelly		
Withdrawal		
Diaphragm		
Condoms		

MISCELLANEOUS

Did your mother receive hormones (DES) during her pregnancy with you?

Patient signature _____

Reviewed by _____